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STP/ELB/LED/Year 5/Sex and Relationship Education Programme

18<sup>th</sup> June 2018

Dear Parents and Carers

In order to meet the National Curriculum objectives for Science and PSHE for your child, we will be holding sex education talks on Wednesday 4<sup>th</sup> July 2018.

These talks will be delivered by myself for the Year 5 girls and by Mr Kimber and Mr Moores for the boys. The content of these talks will be as follows:

*Our Sex and Relationship Education programme will cover a broad range of topics and will be matched to the maturity of the pupils involved. It will take account of the pupil's capacity to absorb sensitive information and the extent to which it is essential for them to have such information at that point in their development. It is the class teacher's responsibility to create an environment, within the classroom, where questions can be asked and respected.*

The emphasis will be on feelings and relationships as well as the functioning and care of their bodies.

**The Sex and Relationship Education Programme will:**

- Teach children about their bodies and personal hygiene.
- Teach them to respect their own and other people's bodies and feelings, as well as understanding difference.
- Seek to increase their personal relationship skills, and to build positive self-esteem.
- Teach the children the importance of open and honest relationships and about the values and responsibilities of family life.
- Teach about the nature of marriage, its importance for family life and for bringing up children. Children should learn the significance of marriage and stable relationships as key building blocks of community and society. Teaching in this area needs to be sensitive so as not to stigmatise children on the basis of their home circumstances.
- It does not promote early sexual activity or any particular sexual orientation.

**Ages 9-10**

**National Curriculum for Year 5**

- Changes in the body related to puberty, such as periods and voice breaking;
- When these changes are likely to happen and what issues may cause young people anxiety and how they can deal with these; and
- How a baby is conceived and born, being a parent

Should you wish to view the materials that will be used before making your decision, they will be available to view on Monday 2<sup>nd</sup> July 2018 at 2.30.

Please complete the slip below, to indicate whether or not you would like to view the materials and if you wish for your child to take part in the discussions.

If this permission slip is not returned then your child will not be able to view the materials on the 4<sup>th</sup> July.

Many thanks,

Ms Daniells

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**Year 5 Sex and Relationship Education Programme**

Pupil Name: \_\_\_\_\_ Class: \_\_\_\_\_

I would like to view the Sex Education materials before they are shown to my child and would like \_\_\_\_\_ seats at the meeting.

**OR**

I will not be coming to view the Sex Education materials before they are shown to my child.

***I do\*/do not\**** give permission for my child to take part in the Sex and Relationship Education talks.  
***(\*delete as appropriate)***

Signed: \_\_\_\_\_  
(Parent/Carer)

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_  
(Parent/Carer)



# Westlands Primary School

*A member of Swale Academies Trust*



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